

Completely Balanced

Whether you're training for your first 5K or just maintaining a healthy weight, proper nutrition is the best fuel to help you reach your goals. Hit reset on your nutrition with just one simple change.

OVERVIEW

No matter where you are on your health journey, our Completely Balanced product combination contains nutrition essentials that support you in balancing your health and fitness.

PRODUCT BENEFITS

Our delicious Complete shake mixes help support muscle growth, with plant-based protein, and overall performance with fiber, greens and a superfood blend of essential nutrients. Complete mix can even be used in tons recipes, from smoothies to snacks, so you can easily add more plant-based protein, nutrients, and dietary fiber to your diet to fuel your day.

Our Fruit and Vegetable Blend capsules provide nutrition from a variety of 20 different fruits and veggies that support the function of your immune system and skin health in convenient and easy-to-take capsules.



Supports cardiovascular wellness



Supports the function of the immune system



Supports healthy lung function



Supports healthy skin & gums

WHAT'S INCLUDED

A 4-month supply of:

Juice Plus+ Fruit Blend capsules (240 capsules)

Includes: Apple, Peach, Cranberry, Orange, Mango, Acerola Cherry, Pineapple, Prune, Date, Beet and Lemon Peel. Contains Vitamins A, C and E.

Juice Plus+ Vegetable Blend capsules (240 capsules)

Includes: Broccoli, Parsley, Tomato, Carrot, Garlic, Beet, Spinach, Cabbage, Kale, Rice Bran and Lemon Peel. Contains Vitamins A, C and E.

Complete Shakes (60 servings)

A whole food-based shake mix that provides a delicious, healthy burst of balanced nutrition in every serving. Packed with 14 grams of protein for Vanilla or 13 grams of protein for Chocolate, and 7 grams of fiber, Complete is vegan, made without GMO ingredients, gluten free and low glycemic.



CONSUMPTION

For adults: 2 Fruit and 2 Vegetable capsules per day Complete: 1 serving is 37.5g for Vanilla and 38g for Chocolate, prepared with 8oz. liquid